

March 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Kielbasa Pierogies Cabbage Rye Bread Yogurt	2 Hungarian Goulash Noodles Prince William Blend Vegetables Wheat Bread Fresh Pear	3 Open-Faced Hot Roast Beef Sandwich With gravy Mashed Potatoes Peas Pound Cake	4 Chicken Fricassee Sweet Potatoes Succotash Biscuit Cranberry Crunch	5 Cream of Cauliflower Soup Tuna Salad Plate Rye Bread Carrot Raisin Salad Peaches
8 Salisbury Steak with Gravy Mashed Potatoes Harvard Beets Wheat Bread Mandarin Oranges	9 Ham Steak Scalloped Potatoes Italian Green Beans Dinner Roll Hot Apples with Raisins	10 Macaroni & Cheese Stewed Tomatoes Corn Bread Apricots	11 Chicken Pot Pie Green Beans Warm Spiced Pears	12 Mrs. Friday's Fish Cheesy Mashed Potatoes Red Cabbage Rye Bread Raspberry Jello
15 Chicken Supreme Mashed Potatoes Brussel Sprouts Fruit Salad	16 Spaghetti & Meatballs Italian Green Beans Garlic Bread Pineapple	17 ST. PATRICK'S DAY Corned Beef & Cabbage Boiled Potatoes Carrots Shamrock Cake*	18 Beef Tips with Mushroom & Onion Gravy Rice Squash Yogurt	19 Breakfast Special Roasted Basil & Pepper Frittata with Cheese Corn Bread Stewed Tomatoes Banana
22 Meatloaf with Gravy Buttered Noodles Sliced Beets Wheat Bread Mandarin Oranges	23 Italian Baked Chicken Garlic & Red Pepper Penne Capri Blend Vegetables Cookie	24 Hot Dog Baked Beans Sauerkraut Mustard Mixed Fruit Jello	25 Roast Beef with Gravy Baked Potato Scandinavian Blend Vegetables Sliced Peaches	26 Stuffed Shells with Marinara Sauce Mexican Corn Broccoli Italian Bread Fresh Apple
29 Ham w/Honey Mustard Sweet Potatoes Cauliflower Rye Bread Pineapple	30 Beef Stew Biscuit Green Beans Applesauce	31 Open-Faced Turkey Sandwich Mashed Potatoes Broccoli Fruit Cocktail		

Lunch reservations are required by noon on the previous day. **LUNCH IS SERVED AT NOON.** *Diabetics will receive substitutes.

No substitutes for food allergies. Suggested contribution: \$2.00 per meal. Make checks payable to: Prestige Service, Inc.

No one will be denied a meal if they are unable to make a contribution. Served daily at sites: coffee, tea, milk and margarine.

DAYS TO REMEMBER

Halfmoon Senior Citizen Assoc., Inc.

Every Monday	9:00AM	Painting Class
	9:45AM	Osteoporosis Class
	11:30AM	Poker
Every Tuesday	9:00AM	Woodcarving
	9:15AM	Aerobics Class
	10:30AM	P.A.C.E. Class
	12:30PM	Pinochle
	12:30PM	Card Stamping Class
Every Wednesday	9:30AM	Rummikub
	9:45AM	Osteoporosis Class
Every Thursday	9:00AM	Crafts
	10:00AM	P.A.C.E. Class
	1:45PM	Beginner Line Dancing
	2:45PM	Advance Line Dancing
Every Friday	12:30PM	Mexican Dominoes
	12:30PM	Scrap Booking Class
	12:30PM	Mah Jongg

Director: Eileen Pettis

Administrative Assistants:

Leann Nancy & Cate Thomsen

President: Ruth Smalley

Board of Directors

Jacqueline Better Nancy Morris

Ruth Smalley Joyce MacAllister

Dora Michaels Judy DeVoe

Pat Keyrouse Rosemary Herbert

Walter Hart Joan Cuerdon

Pat Dahoda Heidi Davis

Senior Center Advocate

Paul Hotaling

Halfmoon Senior Express

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